# rock 9) spa°

HARD ROCK HOTEL RIVIERA MAYA



CANCUN . PUNTA CANA
VALLARTA . RIVIERA MAYA
AN ALL-INCLUSIVE EXPERIENCE

## Retune Yourself

Need to recover from last night? Or perhaps need to prepare for tonight? Either way, this is the place. The place to be pampered, purified, soothed and revitalized. It's Rock Spa®, and it's heavenly. So go ahead; party like a rock star.

WE'LL BRING YOU BACK IN STYLE.





## LIVE HARD, PURIFY HARDER

Committed to offering authentic experiences that rock, Hard Rock Hotels & Casinos presents Rhythm and Motion the world's first fully immersive music-centric spa menu utilizing amplified vibrations, pressures and patterns, as the foundation of its treatments.

This groundbreaking experience takes guests on a rhythmic massage journey — bass vibrations ripple through the massage table as treble beats come from above, sending pulses through the body and leaving guests feeling energized and invigorated. These reinvented Rock Spa® Rhythm and Motion treatments, available at Hard Rock Hotels & Casinos, transcending current spa rituals and inspiring spa-goers to 'Live Hard, Purify Harder.'

Turning up the volume on the traditional Swedish massage practices, the massage therapist synchronizes movements with an expertly curated playlist as guests embark on a journey of the senses. Utilizing Hard Rock's differentiator – music – each treatment connects the healing power of music with the artistry of massage therapy.



## RHYTHM AND MOTION PLAYLIST

#### **SYNCHRONICITY**

Utilizing greatest hits from yesterday to today, the treatment taps into memories to create an experiential journey, in sync with a performance of techniques, pressure and rhythm. The massage is infused with a choice of natural organic essential oils to reduce stress, ease muscle tension, and detoxify. 50 min / 80 min

#### **FACE THE MUSIC**

Bringing the therapeutic benefits of sound vibration and clinically proven organic products to rejuvenate and hydrate facial skin, this journey leaves skin smoothed and refreshed, shedding years and restoring a star-worthy glow. 50 min / 80 min

#### **SMOOTH OPERATOR**

Retunes the skin and rocks the soul with a two-part treatment removing impurities and invites new nourishing elements in. Starting with the rhythmical dry brushing, a ritual that softly sloughs rough skin away and closing with a soothing detoxifying wrap, to release toxins, hydrate, and smooth the skin – wrapping it up on a high note. 80 min

#### **WRAP REMIX**

This is the ultimate healing experience warming guests up and wrapping them in bliss with a sweet finish. For the full body benefit, this treatment begins with a cleansing shot of ginger tea to jumpstart the detox process, followed by a brisk, rhythmical dry brushing. Following the detoxifying wrap to nourish the skin, the 50-minute rhythm and motion massage and cleansing facial mask complete the treatment. A refreshing shot of Rock Spa® Detox Tea is then served, to keep guests in a state of ahhh even longer. 110 min





### **RELAXING EXPERIENCES**

#### COUPLES MASSAGE

Unforgettable spa experience in company with that special one while enjoying your massage in the privacy of a couple treatment room. 50 min / 80 min

#### **RELAXING MASSAGE**

Restore your vital energy with this full body massage. Let the tension and stress disappear on contact. This massage provides a wonderful sense of well-being, as it improves circulation, relaxes muscles and stimulates the lymphatic system. 50 min / 80 min

#### AROMATHERAPY MASSAGE

A wonderful massage using a synergy of essential oils especially designed to induce deep relaxation, strengthen the respiratory system, eliminate muscle tension and reduce anxiety by providing welfare. It combines four of the most popular massage techniques; shiatsu, stretching, lomi lomi and swedish. 50 min / 80 min

#### **MUD MASSAGE**

A unique and exotic treatment that combines the detoxifying and cleansing capabilities of natural mud and the therapeutic properties of a relaxing massage. 50 min / 80 min

#### **DEEP TISSUE MASSAGE**

Massage that uses deep pressure on the muscle, relax while releasing toxins that have accumulated, improving joint mobility. Recommended for people with a lot of stress, posture problems and those who exercise. 50 min / 80 min

#### REFLEXOLOGY

Reflexology is based on the Chinese principle that certain areas on the soles of your feet and hands containing millions of nerve endings, connected to other parts of the body, during this foot massage stimulates the body into healing itself by improving circulation, reducing stress, pain and restoring natural balance. 50 min

#### OCEAN BREEZE MASSAGE

Enjoy a massage with in a natural environment. Restore your energy with nature sounds that will transport you into deep relaxation. 50 min



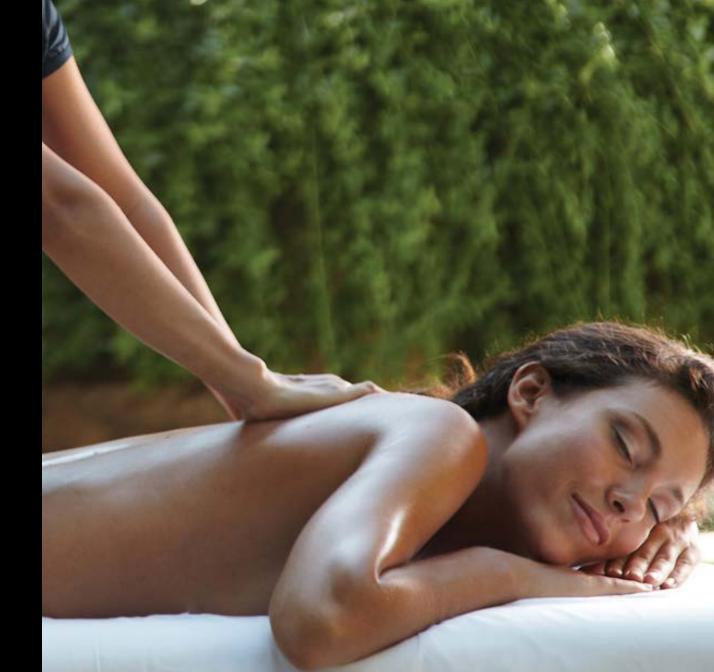
## **THERAPIES**

#### **HOT POULTICE MASSAGE**

The Herbal Poultice treatment is inspired in a Thailand's tradition utilizes warmed poultices of herbs and spices that are steamed and applied directly to the body. The steam heating allows the natural essential oils and aromas of the herbs and spices to be released and provides the healing properties to the entire body, relaxing the muscles while stimulates blood circulation and energy flow. 80 min

#### **HOT STONE MASSAGE**

Therapy that combines heat and massage stones that help vanish muscular pain, tension and fatigue over time. The hot stones are placed along the column and in the energy centers known as chakras; this will help to keep energy balance. 80 min





## ANTI - AGING

#### INHIBIT FACIAL - Natura Bissé

It is the most serious cosmetic alternative to micro-injections. A combination of active filler volume contribute to giving your skin a more healthy filling in wrinkles from inside to the outside. It is complemented by an ancient Japanese massage called Anma, acting on the movement and muscular tensions, primarily responsible for the appearance of expression lines and wrinkles. 80 min

#### BEAUTY IN-FUSION FACIAL - Germaine De Capuccini

Our skin is not the same at 30 as it is at 40 or 50 and its needs are not the same either. Each face needs unique and specific solutions. As a result of the latest research, Germaine de Capuccini has created a new concept of professional treatment that gives an answer that is effective, exclusive and specific for each generation:

In your 30s vitality and luminosity.

In your 40s firmness and hydration.

*In your 50s density and nutrition.* 

The "infusion of beauty" that adapts to each skin depending on its age. 80 min

#### **ESSENCTIAL SHOCK INTENSE** -Natura Bissé

Helps restore essential elements needed to maintain plump, hydrated and wrinkle-free skin. Maintains healthy skin and provides extraordinary benefits. Its regenerating power acts from the deepest layers of the skin replenishing firmness, elasticity and tone to intensively rejuvenate and redefine the facial contour. 50 min

#### REJUVENATING ANTIOXIDANT FACIAL - Amala Organic

Renew your skin with this facial that uses the powerful active of a plant that comes from the Amazon rainforest. Cocoa beans stimulates cellular renovation, while natural and organic moisturizers soften fine lines and give firmness to the skin. 50 min



## ANTI - AGING

#### REJUVENATING BODY MASSAGE & SEA PLANT - Amala Organic

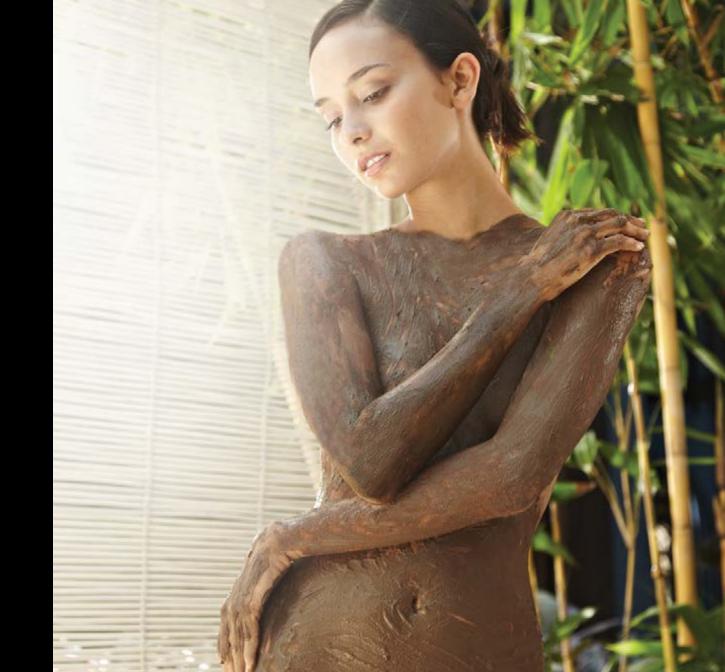
Wonderful combination of a relaxing massage and a body wrap with a green clay mask, spirulina and myrtle to regenerate, oxygenate and balance your skin deeply. Ideal for mature skin as firms and smooth the skin, there by counteracting the signs of aging. 110 min

#### CHOCOLATE BODY WRAP - Pevonia

Relaxing experience that will help remove dead cells with an exfoliation of fine walnut shell granules, which stimulate skin renewal and circulation. The cocoa mask provides elasticity and releases endorphins of pleasure and happiness. You will look more juvenile and luminous. 80 min

#### VITAMIN C BODY WRAP -Germaine De Capuccini

Stimulates the production of collagen and elastin fibers improving skin elasticity. Firms skin and protects against free radicals. Increases hydration, brightens and evens skin tone. 50 min



## REPAIR

#### CITRUS VITA ESSENCE FACIAL - Natura Bisse

Facial designed for people looking for global facial care and comfort. A combination of sculpting massage techniques with the richest products from Mediterranean citrus and the exclusive pampering of citrus aromatherapy. The result is a contoured and luminous face. 80 min

#### BRIGHTENING FACIAL - Amala Organic

Wonderful treatment with narcissus flower and seaweed extract, which high levels of Vitamin C will tone your skin, restoring brightness and clarity. 80 min

#### **SENSITIVE FACIAL** - Amala Organic

Facial thought about caring for sensitive skin, using products based on botanical ingredients like organic desert fig of Morocco that will help you to calm the skin and reduce inflammation. The skin will be protected, hydrated, rejuvenated and with a more even tone. 50 min

#### ALOE & MINT BODY WRAP - Germaine De Capuccini

Refreshes, calms and comforts skins that have suffered damage by sun exposure, this treatment restores hydration, regenerates the skin and prolongs your tan preventing peeling thanks to its concentrated citrus and seaweed gel. Aloe Vera gives you a great feeling of relief thanks to its soothing effect. Ideal as "aftersun" treatment after burns and skin irritations. 50 min



## DETOXIFYING

#### PURIFYING FACIAL - Natura Bissé

A deep cleansing based upon detoxification. The heat opens and softens the pores; botany freshness purifies and closes them. Our facial includes extractions. A stimulating mask will smooth your skin and gradually moisturizes, soothes and revitalizes. Finally, a veil of hydration will give a satin feel and look fresher. 80 min

#### **DETOXIFYING FACIAL** - Amala Organic

Amazing facial which combines deep cleansing, detoxification and intensive hydration that will leave your skin smooth, supple and with less signs of aging by combining blue lotus, organic cacao and acai berry. Complemented with a facial massage designed to obtain the highest level of relaxation. 80 min

#### FOR HIM FACIAL – Amala Organic

This refreshing treatment is designed especially for men. A deep cleansing with blue lotus; known worldwide for restoring balance, sharpness and brightness of the skin. Exfoliate the skin to decongest pores. The result, clearer, hydrated, revitalized skin with less signs of aging. 50 min

#### **DETOXIFYING SALT POLISH** - Amala Organic

Treatment based on Mediterranean plants such as myrtle, organic cypress and juniper that refresh, smooth and refines the skin leaving it rejuvenated by removing dead cells. Your skin will look radiant, this treatment is ideal to achieve a perfect tan. 50 min

#### **DETOXIFYING BODY WRAP** - Amala Organic

Body detoxifying effect that stimulates blood circulation and lymphatic system. The antioxidant benefits, purifying and firming of spirulina will leave you a glowing skin. 50 min

#### DRY BODY EXFOLIATION - Germaine De Capuccini

Remove dead cells, after this treatment your skin will look smoother and feel softer. It's recommended before sun exposure to achieve an even and perfect tan. 25 min



## FACIAL ADD ON'S

#### EYE LIFTING TREATMENT - Amala Organic

Organic seed oils, rich in minerals; will help you to rejuvenate the eye contour. The tone and elasticity of the skin are restored; dark circles, puffiness and fine lines are minimized during this fantastic treatment. 10 min

#### NECK AND DECOLLETAGE LIFTING - Amala Organic

The neck and neckline will look firmer thanks to the green clay, french spirulina and a mixture of organic seed oils. Mature skin or sun damaged rebuilds and hydrates to give a light and refreshing appearance.

10 min

#### FIRMING TREATMENT - Amala Organic

Anti-age experience that stimulates Marma points (energy swirls that interconnect the physical, mental, emotional and spiritual) in face and cranium with aromatherapy essential oils, followed by the application of "Advanced Firming Complex" Amala for maximum hydration. Rejuvenates and restores skin elasticity, while fine lines and wrinkles are minimized in this luxurious treatment. 10 min

#### CARBOXITHERAPY - Natura Bissé

Innovative technique using carbon dioxide to combat the signs of aging. The effervescent carboxitherapy produces an explosion to leave your skin visibly revitalized. This treatment can be combined perfectly with Natura Bissé facials to enhance its effect. 25 min





## BODY FIRMING & ANTI-CELLULITE

#### LIPO-STOCK EXTREME - Germaine de Cappuccini

Reduce the size of the accumulation of fat, accelerate the elimination of localized fat, slows the accumulation of new fat, improves the appearance of "orange peel". Lipoprotein lowering effect, protects against oxidative stress, refine the silhouette and getting a slimmer figure and redefined. 80 min

#### REMODELLING TREATMENT- Germaine de Cappuccini

Stimulates lipolysis and prevents fat accumulation in adipocytes cells, converts stored fat into energy for easy removal. 50 min





## **RITUALS**

#### DIAMOND SUBLIME FACIAL & BODY - Natura Bissé

The most luxurious experience, this new concept of beauty begins with a chakra balancing, followed by the application of luminous clay with diamond dust removed by magnets that balance energy in the body, providing relaxation and wellness to your body. The treatment includes a facial based frozen DNA that will give anti-aging effect and a velvety skin. Your body will look diamond sparkles and extreme brightness.

130 min

#### AGAVE RITUAL- Agave Spa

Enjoy the deep Mexican tradition of using blue agave as a moisturizing, anti-oxidant and anti-aging treatment. A ritual that provides deep relaxation through a massage and also includes an exfoliation that removes dead skin cells and a rich body wrap that hydrates your skin with, while enjoying a facial that illuminates and hydrates your skin. 130 min

#### REFRESHING TREATMENT - Natura Bissé

Live the experience of a facial that soothes refreshes and nourishes your face, and in addition enjoy a special massage for tired legs that also tones and moisturizes your skin. Ideal for people who have recently traveled or are fatigued. 80 min

#### **TEMAZCAL**

Traditional prehispanic ritual that purifies the body through a steam bath. The ceremony takes place inside a mud structure, led by a shaman pouring an infusion of aromatic and medicinal herbs on volcanic stones heated red hot, to the rhythm of singing and meditation exercises. It will help to eliminate toxins and get a relaxation of mind, physical and spiritual. 100 min

A 20% service fee will apply over the final price of all transactions using the Limitless Resort Credit promotion on all services or products available.





## ROXY & FILMORE PACKAGES

STAIRWAY TO HEAVEN Led Zeppellin - 180 min (120 min in spa services)

Chocolate Body Wrap Relaxing Massage Rejuvenating Antioxidant Facial

CRAZY LITTLE THING CALLED LOVE *Queen* - 160 min (110 min in spa services)

Aromatherapy Massage Sensitive Facial In Room Romantic Amenity and Spa Kit

NOVEMBER RAIN Guns n Roses - 120 min (80 min in spa services)

Relaxing Massage Hydrotherapy Experience

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## COUPLES RITUALS

#### SOULMATE - 130 min

Chocolate Wrap – Pevonia Relaxing Massage with Chocolate Oil Jacuzzi

#### RECOVERY - 130 min

Detoxifying Salt Polish– Amala Organic Hot Poultices Therapy Hot Tub Experience

#### AGAVE - 120 min

Hot Tub Experience Agave Ritual – Agave SPA Tequila Shot

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## HOW TO ROCKSPA

We invite you to arrive 45 minutes prior to your appointment this gives you ample time to check in and chill. One of our spa representatives will help you plan the perfect spa experience.

#### What should I wear to the spa?

Wear what's comfortable. You may choose to remain in your undergarments or use the one provided by the spa during treatment. However, all our spa therapists are skilled in proper draping procedures to ensure your complete comfort and privacy at all times.

Please do not bring cell phones, pagers, jewelry or other valuables into the spa.

The spa is not responsible for lost or forgotten valuables.

#### What precautions do I need to take?

We recommend that you eat in moderation prior to your spa service and avoid alcoholic beverages in combination with heat treatments. Do not shave your legs prior to a body scrub. Bad sunburn may prevent you from having or enjoying a spa treatment.

#### What if I forgot to show up for my appointment?

Don't forget please! You will lose the treatment without reimbursement.

A no show can be rescheduled based on availability only in case of illness showing a medical waiver.

#### Fees and Gratuities:

It is our goal to provide exceptional service, and, of course, additional gratuities are always welcome but not expected. You may charge your spa services to your room or charge them to a major credit card (Visa, MasterCard and American Express).

RESERVATIONS: (52) 984 875 1199 EXT: 4444 rockspa@hrhrivieramaya.com